- 2. The method according to Claim 1, wherein said donor plant, in step (a) is a cereal plant.
- 3. The method according to Claim 2, wherein said cereal plant is wheat or barley.
- 4. The method according to Claim 1, wherein a said arabinogalactan protein in step (d) is present in said induction medium at a level of from about 1 mg/liter to about 100 mg/liter of induction medium.
- 5. The method according to Claim 4, wherein said arabinogalactan protein is present in said induction medium at a level of from about 10 mg/liter to about 25 mg/liter of induction medium.
- 6. The method according to Claim 5, wherein said arabinogalactan protein is present in said induction medium for about two weeks.
- 7. The method according to Claim 1, wherein, in step (b), said substantial portion of microspores at a uninucleate cell cycle G1 phase comprises from 50% to about 100%.
- 8. The method according to Claim 1, wherein said pre-treatment conditions in step (b) comprise a temperature of from about 3°C to about 10°C for 3 to 10 days and incubation in an aqueous solution having from about 0.2 mol/liter to about 1.0 mol/liter of sugar alcohol.
- 9. The method according to Claim 8, wherein said sugar-alcohol is selected from the group comprising mannitol, maltitol, sorbitol, xylitol, and any combination thereof.
- 10. The method according to Claim 1, wherein said pre-treatment conditions in step (b) comprise incubation in water at a temperature of from about 3°C to about 10°C for 7 to 28 days.
- 11. The method according to Claim 1, wherein, in step (a), said microspore-containing plant segment is selected from the group consisting of tillers, florets, spikes, anthers, pannicles and tassels.

- 12. The method according to Claim 1, wherein said microspores, in step (d) are incubated in said induction medium for a period of from about 3 to about 14 days.
- 13. The method according to Claim 1, wherein said induction medium, in step (d), comprises an auxin.
- 14. The method according to Claim 13, wherein said auxin is phenylacetic acid.
- 15. The method according to Claim 1, wherein said induction medium, in step (d), comprises glutamine at a level of from about 500 to about 1000 mg/L.
- 16. The method according to Claim 1, wherein said induction medium, in step (d), additionally comprises ovary co-culture.
- 17. The method of Claim 16, wherein the microspore containing plant segment, in step (a), is obtained from wheat.
- 18. (Twice Amended) A method of plant regeneration from microspores comprising the steps of:
  - (a) harvesting a microspore-containing plant segment from a donor plant;
  - (b) incubating said segment under pre-treatment conditions, and at a temperature from about 3° C to about 6°C, to maintain from about 50% to about 100% of microspores at a uninucleate stage of development;
  - (c) isolating microspores from said segment;
  - (d) incubating said isolated microspores in an induction medium comprising an auxin and an arabinogalactan protein, to induce the production of embryos;
  - (e) incubating said embryos in a differentiation medium to produce differentiated embryos; and
  - (f) regenerating plants from said differentiated embryos.
- 19. The method of plant regeneration according to Claim 18, wherein step (d) comprises placing embryos on a support.

- 20. The method according to Claim 19, wherein said support comprises filter paper.
- 21. The method according to Claim 18, wherein step (c) comprises blending or vortexing said segment in an aqueous solution of about 0.2 mol/liter to about 1.0 mol/liter sugar alcohol.
- A method of introducing a gene of interest into a microspore comprising, introducing a genetic construct comprising said gene of interest into said microspore, said microspore obtained following the steps of pre-treatment (step (b)) and isolation (step (c)) as defined in Claim 1.
- 26. The method of Claim 25, wherein the step of introducing comprises particle bombardment.
- 건. The method of Claim 28, wherein the step of introducing comprises Agrobacterium mediated transformation.
- 31. (Amended) A method of producing a composition of microspores comprising:
  - (a) harvesting a microspore-containing plant segment from a donor plant;
  - (b) incubating said segment under pre-treatment conditions, and at a temperature from about 3° C to about 6°C, to maintain from about 50% to about 100% of microspores at a uninucleate cell cycle;
  - (c) isolating microspores from said segment; and
  - (d) incubating said isolated microspores in an induction medium comprising an arabinogalactan protein to produce said composition of microspores comprising greater than about 25% viable microspores after a 10 day incubation period.
- 26 %. (Amended) A method of producing a composition of microspores comprising:
  - (a) harvesting a microspore-containing plant segment from a donor plant;
  - (b) incubating said segment under pre-treatment conditions, and at a temperature from about 3° C to about 6°C, to maintain from about 50% to about 100% of microspores at a uninucleate cell cycle;
  - (c) isolating microspores from said segment; and

(d) incubating said isolated microspores in an induction medium comprising an arabinogalactan protein to produce said composition of microspores comprising greater than about 15%.

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(New) A method of producing an embryo comprising the steps of:

- (a) harvesting a microspore-containing plant segment from a donor wheat or barley plant;
  - (b) incubating said segment under pre-treatment conditions, and at a temperature from about 3° C to about 6°C, to maintain from about 50% to about 100% of microspores at a uninucleate stage of development;
  - (c) isolating microspores from said segment; and
- (d) incubating said isolated microspores in an induction medium comprising arabinogalactan protein to induce embryogenesis, thereby producing embryos.